



# Smart Start Youth Basketball

## ages 3 & 4



Welcome to the Westport Parks and Recreation **Smart Start Basketball Program**. This program is designed to introduce young children to the sport of basketball in a fun and social way. This is a non-competitive, parent/child program that focuses on teaching children and their parent's basic sports mechanics without the threat of competition or the fear of getting hurt. The basic motor skills necessary to play basketball will be covered through exercises and activities and each week, new items will be added. There are no games. At the end of the program, all participants will receive a participation award. This program is held at **Long Lots Elementary School**.

### **GENERAL PROGRAM INFORMATION**

This basketball program is available to both boys and girls **who are 3 and 4 years old. A parent MUST participate with the child during the program.** Children do not have to be potty trained, but we ask that parents help the staff out by changing diapers or pull ups if needed. This program takes place on Saturdays at **Long Lots Elementary School**. The dates and times are as follows:

**December 3 – February 4 (no class 12/24, 12/31)**

- **9:00 am – 9:45 am SS 11**
- **10:00 am – 10:45 am SS 12**

While this is an indoor program, inclement weather could cancel the activity on Saturdays. No make-ups will be offered.

### **CANCELLATION LINE**

To keep up to date on program cancellations due to inclement weather, you can do one of the following:

1. Check the website at [www.westportbasketball.org](http://www.westportbasketball.org)
2. Like us on FACEBOOK – Westport Parks and Recreation
3. Call the cancellation line at 203-341-5074

### **EQUIPMENT**

Attire for this program should be T-shirt, shorts or sweatpants, sneakers with socks.

### **DROP OFF AND PICK UP**

Please make sure you and your child arrive on time. Consistent lateness is a major disruption to the program. Other parents or spectators who choose to stay for the program will either sit on the floor or if this option is not available due to space restrictions, be asked to stay in the cafeteria. This gym is very small, and safety is our main concern when the children are playing.

### **GENERAL RULES**

- All participants are expected to respect each other and all staff. Discipline problems will not be tolerated are cause for immediate dismissal from the program with no refund.
- At the end of each class, please be sure to pick up all belongings. There is no lost and found.
- **There is no eating or drinking at any time in the gymnasium.**
- **There are no animals or pets allowed in the gymnasiums.**

The Westport Parks and Recreation Department wants this to be an enjoyable experience for all participants. Please take the time to read this information with your child.